

7-18 SEPTEMBER, 2026

WALK VIRTUALLY FROM WHERE
YOU ARE IN AUSTRALIA

WALK FOR WAGEC 2026

Welcome Guide

WALK TO END VIOLENCE



WALK FOR WAGEC
WOMEN'S AND GIRLS' EMERGENCY CENTRE

Welcome to Walk for WAGEC! Whether you're walking solo, with friends and family, as part of a team, or alongside your workplace, you're helping call for an end to violence against women and children.

walkforwagec.org.au

WELCOME TO WALK FOR WAGEC

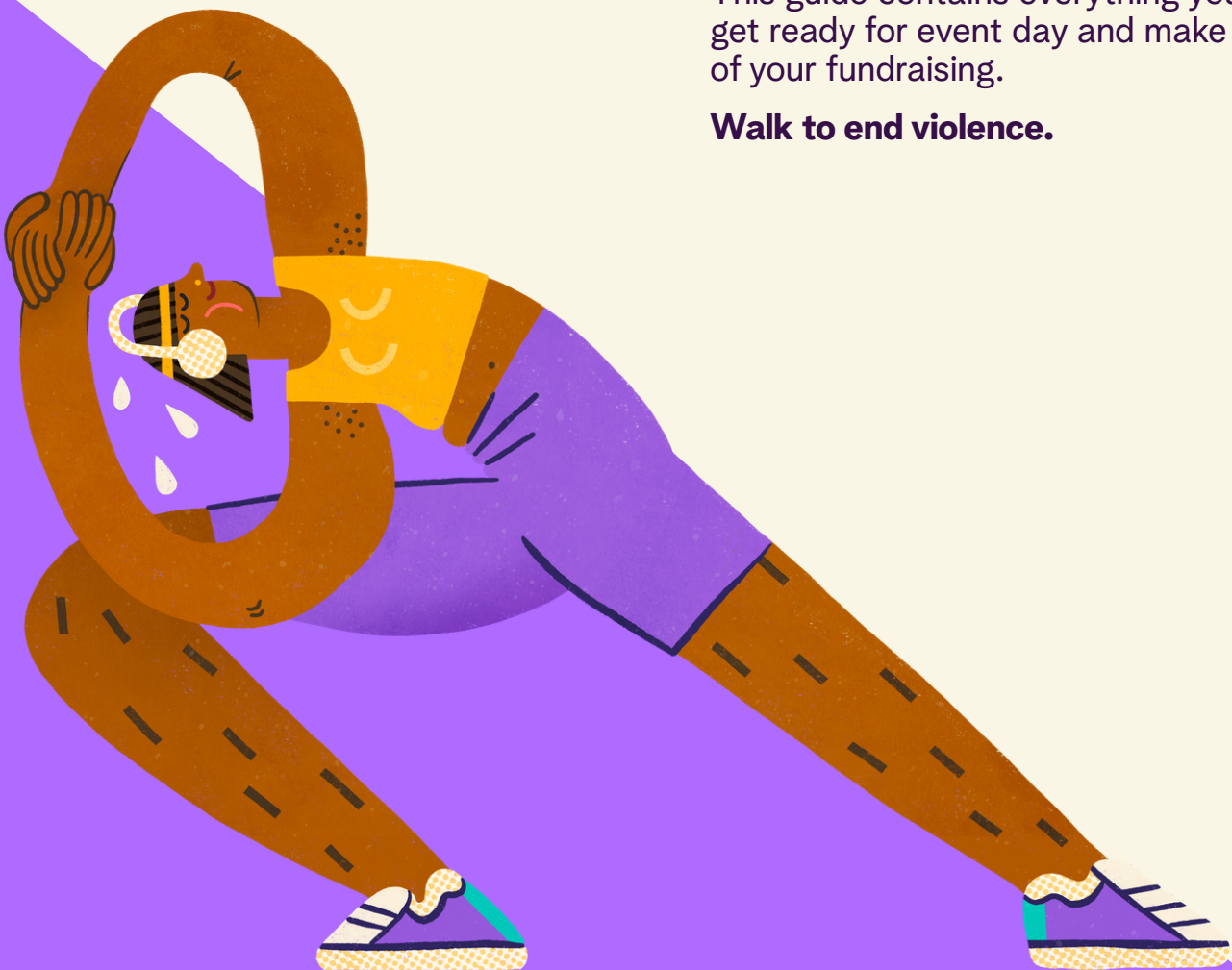
**Thank you for joining
Walk for WAGEC 2026.**

Every step you take and every dollar you raise helps women and children access safety, support and the opportunity to heal from violence.

Together, we're aiming to raise \$1 million to help break the cycle of violence and build safer futures for women and children.

This guide contains everything you need to get ready for event day and make the most of your fundraising.

Walk to end violence.



WHY WE WALK

Domestic and family violence is a national crisis. It's devastating. It's unacceptable. And it's why we walk. By signing up to Walk for WAGEC, you're helping to call for an end to this violence.



A woman is killed **every 11 days** by an intimate partner in Australia.

Source: Australian Institute of Health and Welfare



One child is killed **every fortnight** due to domestic and family violence.

Source: Meyer, Fitz-Gibbon and Moore, October 2022 Public Statement



Domestic and family violence is a **leading driver of homelessness** for women.

Source: Australia's National Research Organisation for Women's Safety (ANROWS) 2019

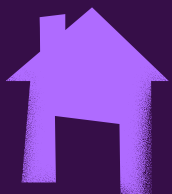


79 women and 27 children were recorded to be murdered in 2025.

Source: Sherele Moody, Australian Femicide Watch

Every night, WAGEC supports **200 women and children** impacted by domestic violence, homelessness and other disadvantage.

By walking for WAGEC, you are helping women and children access:



Emergency accommodation



Trauma recovery support



Specialist support for children



Violence prevention initiatives

YOUR IMPACT

Your fundraising helps break the cycle of violence

When a woman leaves a violent partner, she often risks her safety, financial security and support network.

Escaping violence is only the first step. Women and children need safe accommodation, practical support and specialist services to help them recover from trauma and rebuild their lives.

\$55



Could provide a mother with a Welcome Pack, including toiletries, pyjamas and essential items.

\$89



Could provide one night of safe accommodation for a woman and child fleeing violence, including a bed, shower, fresh blankets and access to pantry items.

\$120



Could help provide one week's worth of groceries to a woman and child experiencing violence.

\$510



Could help six women access counselling services, supporting them to heal from trauma and rebuild their lives.

Together, we're aiming to raise
\$1 million.

Every step. Every dollar. Every participant
helps break the cycle of violence.



GET READY

You're officially part of the movement to end violence. Here are a few simple ways to maximise your impact before event day.



Personalise your page

Add a profile photo and tell supporters why you're walking.



Share your page

Invite friends, family and colleagues to support your fundraising.



Download resources

Access posters, fundraising tools and campaign assets.

[DOWNLOAD](#)



Fundraise to earn exclusive merch

Each dollar you raise will get you one step closer to a new WAGEC fit.

Wear your yellow and purple proudly and join thousands of Australians united to call for an end to violence against women and children.



**Raise \$89
WALK FOR
WAGEC T-SHIRT**



**Raise \$170
WALK FOR
WAGEC SOCKS**



**Raise \$300
WALK FOR
WAGEC CAP**

WALKING VIRTUALLY

7-18TH SEPTEMBER

WALKING FROM WHERE YOU ARE IS EASY

Where can I walk?

You can walk from anywhere in Australia between 7-18 September.

Whether you walk through your neighbourhood, local park, workplace, gym, or favourite trail, every step helps raise awareness and funds for women and children impacted by violence.

How long can I walk?

Walk for WAGEC is a 5km walk or 10km run, but you can also choose to walk or run further if you're up for a challenge!

[VISIT OUR FAQs ONLINE](#)

What should I do when I walk?

Wear your purple and yellow proudly. Post your Walk on socials, tag your mates and tell everyone you know why you're walking.

Every step, share and dollar helps us walk towards a future free from violence.

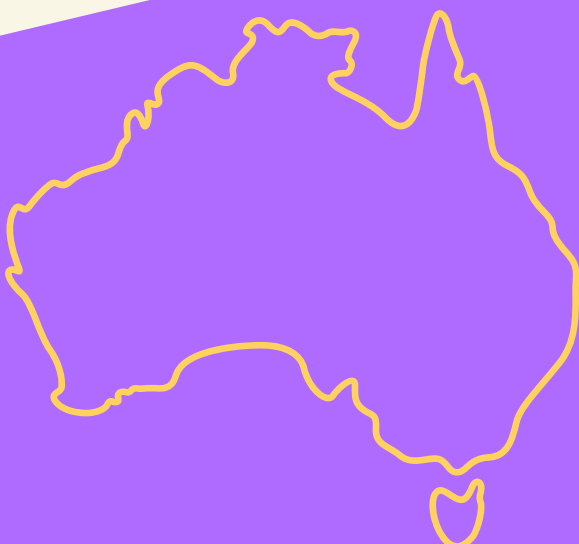


MAKE IT A WALK TO REMEMBER

This isn't just any old walk. Make a day of it!

Grab a coffee, organise a post-Walk picnic, bring the whole crew or start a little friendly fundraising competition. Get creative, get together and make your Walk something you'll remember.

And when you're done? Give yourself a well-earned high five. You did it!



Any questions or concerns?

Email: walk4wagec@wagec.org.au



If you or someone you know has been impacted by domestic violence, you have options:



If you are in physical danger, call Emergency Services on Triple Zero (000).

1800RESPECT:

1800 737 732 or 1800respect.org.au →

NSW Sexual Violence Helpline:

1800 424 017 or fullstop.org.au →

Lifeline:

13 11 14 or lifeline.org.au →

Link2Home:

1800 152 152 or facs.nsw.gov.au/housing/help →



**Thank you for walking with us.
Together, we can help women and children
access safety, healing and support.**



WALK FOR WAGEC

WOMEN'S AND GIRLS' EMERGENCY CENTRE

Website: walkforwagec.org.au

Facebook: [@WAGECREDFERN](https://www.facebook.com/WAGECREDFERN)

Instagram: [@womens.girls.emergencycentre](https://www.instagram.com/womens.girls.emergencycentre)

LinkedIn: [Women's & Girls' Emergency Centre \(WAGEC\)](https://www.linkedin.com/company/Women's%20&%20Girls'%20Emergency%20Centre%20(WAGEC))

TikTok: [@wagec](https://www.tiktok.com/@wagec)